

Dynamic Expressive Focusing!

*Introductory course "Being Seriously Playful"
A fresh approach to being with children
and your inner child*



"Topics Covered" Working with creative expression and non-verbal communication. We will learn the basic listening skills of Children's Focusing. The central goal is to achieve authentic contact and open connection through simple, structured exercises designed to support the process of re-connection with yourself and to articulate ways to transfer this authenticity into your everyday life with children and your roles as a parent, grandparent, therapist, or teacher.

What to expect This program is an invitation to participate in activities offering you direct experience of the tools, techniques and the inherently gentle, playful approach of Experiential Focusing. The program context will be a gradual, supported learning in a safe group environment, allowing you to absorb the skills, knowledge and attitudes that result in real interaction with others ~ both children & adults. We will do all of the above in a safe environment with clear boundaries that respect the need for privacy and vulnerability.

You will learn How to integrate an experiential dimension into your daily life and/or working practice, building greater resilience and competence in selfcare while developing your understanding of personal, bodily-felt life experience from both a theoretical and practical point of view.

Background information about training, supervision, online possibilities, articles: www.childrenfocusing.org.

Instructors We are a small team of talented professionals with a wide range of skills and experience. We love what we do, and we do it with passion. We look forward to working with you.

René Veugelers René's specialty is Focusing with Children with an emphasis on the non-verbal world. He studied Art Therapy, Psychiatric nursing and group social work. René teaches parents, therapists, teachers and others, internationally, how to be with children in a Focusing way, how to (re)connect to their own inner child experiences, and how to integrate creativity and flexibility into their life and work. His experiences as an art therapist embrace an expanded richness of creative elements and support a natural unfolding of creative process. René lives and works in the Netherlands.

Harriët Teeuw Harriet has a working practice as a Focusing oriented Art Therapist with children, parents & adults in The Netherlands. She first learned about Focusing in 2000 and has worked as a Focusing trainer and coordinator specializing in teaching therapist, teachers & parents Children Focusing. Inspired by Marta and Ynse Stapert she co-founded the Dutch KinderFocussen Foundation in 2006, with René Veugelers & Jos van de Brand. With René Veugelers she developed "Dynamic Expressive Focusing" an approach for Children and Adults using Focusing with a various of Expressive ways.

AUF EINEN BLICK

Ziel des Kurses

Der Kurs ist eine Einführung in die Focusing-orientierte Arbeit mit Kindern und mit dem inneren Kind. Die Workshop-Sprache ist englisch. Es wird eine Übersetzung geben.

Kursleitung

René Veugelers & Harriët Teeuw

Kurszeiten

18 UStd: 08./09.09.2023
Freitag 13:00-19:30
Samstag 09:00-17:30

Kosten

290 €

Ort

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